



## VEGETARIAN AND VEGAN MENU INFORMATION

(U.S. Restaurants)

This chart of vegetarian and vegan menu suggestions is based on the most current information from our food suppliers. For these purposes, **Vegetarian is defined as** not including meat, stock, gelatin, or rennet from an animal. **Vegan is defined as** not including animal meat, stock, gelatin, rennet, or ingredients derived from animals, including honey. We’ve also outlined if the item contains egg or dairy.

Because many of our recipes contain poultry, meat and fish products, our kitchens are not “animal free”. While we use safe food handling procedures, it is possible for any food item to come into contact with animal products during preparation and/or cooking process. Items cooked in our fryer present a special risk for cross-contamination with animal products, so we’ve clearly identified those for you. All menu items listed as-served, unless otherwise noted. Some menu items may not be available at all restaurants; limited time offers, regional items, or test products may not be included.

**IF A DISH OR ITEM IS NOT LISTED HERE, YOU CAN ASSUME IT IS NOT VEGETARIAN OR VEGAN.**

If you have any questions about this information, please contact one of our Guest Relations Representatives at 1-800-331-2729 or by visiting [www.olivegarden.com/contact-us](http://www.olivegarden.com/contact-us)

Menu Item ● indicates fried item.	Fried	Vegetarian or Vegan	Contains Egg	Contains Dairy
<b>SOUP, SALAD &amp; BREADSTICKS:</b>				
Breadstick with garlic topping		Vegan	NO	NO
Minestrone Soup		Vegan	NO	NO
Famous House Salad with Extra Virgin Olive Oil & Balsamic Vinegar (No croutons, No dressing)		Vegan	NO	NO
<b>CREATE YOUR OWN PASTA:</b>				
Angel Hair		Vegan	NO	NO

Menu Item ● indicates fried item.	Fried	Vegetarian or Vegan	Contains Egg	Contains Dairy
Cavatappi		Vegan	NO	NO
Fettuccine		Vegan	NO	NO
Gluten-Free Rotini		Vegetarian	YES	NO
Rigatoni		Vegan	NO	NO
Small Shells		Vegan	NO	NO
Spaghetti		Vegan	NO	NO
Alfredo Sauce		Vegetarian	NO	YES
Creamy Mushroom Sauce		Vegetarian	NO	YES
Five Cheese Marinara Sauce		Vegetarian	YES	YES
Marinara		Vegan	NO	NO
Tomato Sauce		Vegan	NO	NO
<b>ENTRÉES:</b>				
Asiago Tortelloni with Marinara		Vegetarian	YES	YES
Cheese Stuffed Shells		Vegetarian	YES	YES
Creamy Mushroom Ravioli		Vegetarian	YES	YES
Eggplant Parmigiana	●	Vegetarian	NO	YES
Fettuccine Alfredo		Vegetarian	NO	YES
Spaghetti with Marinara Sauce		Vegan	NO	NO
<b>DESSERTS:</b>				
Seasonal Sicilian Cheesecake		Vegetarian	YES	YES
Tiramisu		Vegetarian	YES	YES
Zeppoli (No Sauce)	●	Vegetarian	NO	YES
Chocolate Sauce		Vegetarian	NO	YES
Raspberry Sauce		Vegan	NO	NO
Dolcini - Chocolate Mousse		Vegetarian	YES	YES
Dolcini - Strawberry & White Chocolate		Vegetarian	YES	YES

Menu Item ● indicates fried item.	Fried	Vegetarian or Vegan	Contains Egg	Contains Dairy
Dolcini - Wild Berry Cheesecake		Vegetarian	YES	YES
MISC.				
Cheese grated at tableside		Vegetarian	NO	YES