



## VEGETARIAN AND VEGAN MENU INFORMATION

(U.S. Restaurants, excludes Hawaii)

This chart of vegetarian and vegan menu suggestions is based on the most current information from our food suppliers. For these purposes, **Vegetarian is defined as** not including meat, stock, gelatin, or rennet from an animal. **Vegan is defined as** not including animal meat, stock, gelatin, rennet, or ingredients derived from animals, including honey. We’ve also outlined if the item contains egg or dairy.

Because many of our recipes contain poultry, meat and fish products, our kitchens are not “animal free”. While we use safe food handling procedures, it is possible for any food item to come into contact with animal products during preparation and/or cooking process. Items cooked in our fryer present a special risk for cross-contamination with animal products, so we’ve clearly identified those for you. All menu items listed as-served, unless otherwise noted. Some menu items may not be available at all restaurants; limited time offers, regional items, or test products may not be included.

**IF A DISH OR ITEM IS NOT LISTED HERE, YOU CAN ASSUME IT IS NOT VEGETARIAN OR VEGAN.**

If you have any questions about this information, please contact one of our Guest Relations Representatives at 1-800-331-2729 or by visiting [www.olivegarden.com/contact-us](http://www.olivegarden.com/contact-us)

| Menu Item<br>● indicates fried item.   | Fried | Vegetarian or Vegan | Contains Egg | Contains Dairy |
|--|-------|---------------------|--------------|----------------|
| <b>SOUP, SALAD &amp; BREADSTICKS:</b>  |       |                     |              |                |
| Breadstick with garlic topping   |       | Vegan               | NO           | NO             |
| Minestrone Soup  |       | Vegan               | NO           | NO             |
| Famous House Salad with Extra Virgin Olive Oil & Balsamic Vinegar (No croutons, No dressing) |       | Vegan               | NO           | NO             |
| <b>CREATE YOUR OWN PASTA:</b>  |       |                     |              |                |
| Angel Hair   |       | Vegan               | NO           | NO             |

| Menu Item<br>● indicates fried item.   | Fried | Vegetarian<br>or Vegan | Contains<br>Egg | Contains<br>Dairy |
|--|-------|------------------------|-----------------|-------------------|
| Fettuccine                             |       | Vegan                  | NO              | NO                |
| Gluten-Free Rotini                     |       | Vegetarian             | YES             | NO                |
| Rigatoni                               |       | Vegan                  | NO              | NO                |
| Small Shells                           |       | Vegan                  | NO              | NO                |
| Spaghetti                              |       | Vegan                  | NO              | NO                |
| Alfredo Sauce                          |       | Vegetarian             | NO              | YES               |
| Creamy Mushroom Sauce                  |       | Vegetarian             | NO              | YES               |
| Five Cheese Marinara Sauce             |       | Vegetarian             | YES             | YES               |
| Marinara                               |       | Vegan                  | NO              | NO                |
| Tomato Sauce                           |       | Vegan                  | NO              | NO                |
| <b>ENTRÉES:</b>                        |       |                        |                 |                   |
| Eggplant Parmigiana                    | ●     | Vegetarian             | NO              | YES               |
| Fettuccine Alfredo                     |       | Vegetarian             | NO              | YES               |
| Spaghetti with Marinara Sauce          |       | Vegan                  | NO              | NO                |
| Cheese Pizza                           |       | Vegetarian             | NO              | YES               |
| <b>DESSERTS:</b>                       |       |                        |                 |                   |
| Dolcini - Chocolate Mousse             |       | Vegetarian             | YES             | YES               |
| Dolcini - Strawberry & White Chocolate |       | Vegetarian             | YES             | YES               |
| Pumpkin Cheesecake                     |       | Vegetarian             | YES             | YES               |
| Seasonal Sicilian Cheesecake           |       | Vegetarian             | YES             | YES               |
| Tiramisu                               |       | Vegetarian             | YES             | YES               |
| Warm Italian Doughnuts                 | ●     | Vegetarian             | NO              | YES               |
| chocolate sauce                        |       | Vegetarian             | NO              | YES               |
| raspberry sauce                        |       | Vegan                  | NO              | NO                |