



NUTRITIONAL GUIDE

US Restaurants

Printed information is valid: July 31, 2017 - September 24, 2017

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|---|----------|-------------------|-----------------------|-------------------|---------------------|---------------------|-------------------|-----------------|--------------------------|-----------------------|----------------|
| LIMITED TIME ONLY AND SEASONAL ITEMS | | | | | | | | | | | |
| BUY ONE TAKE ONE | | | | | | | | | | | |
| Spaghetti with Meat Sauce | 640 | 22 | 7 | 0 | 1050 | 85 | 200 | 26 | 60 | 4 | 17 |
| Fettuccine Alfredo | 1010 | 56 | 34 | 1.5 | 850 | 97 | 500 | 30 | 155 | 7 | 5 |
| Five Cheese Ziti al Forno | 1220 | 71 | 36 | 1 | 2160 | 103 | 640 | 45 | 185 | 6 | 19 |
| Cheese Ravioli with Marinara | 780 | 39 | 20 | 0 | 2140 | 68 | 350 | 41 | 125 | 5 | 11 |
| Smoked Mozzarella Chicken | 1030 | 63 | 34 | 1 | 1920 | 75 | 560 | 43 | 175 | 4 | 10 |
| Three-Cheese Giant Stuffed Shells with Meat Sauce | 1620 | 109 | 64 | 2 | 3430 | 90 | 980 | 75 | 515 | 2 | 17 |
| Seafood Lasagna Saute | 1260 | 80 | 46 | 2 | 1630 | 79 | 720 | 59 | 400 | 5 | 10 |
| EARLY DINNER DUOS (EDD) | | | | | | | | | | | |
| Chicken Parmigiana EDD | 660 | 29 | 7 | 0 | 1740 | 65 | 260 | 35 | 75 | 5 | 12 |
| Fettuccine Alfredo EDD | 1010 | 56 | 34 | 1.5 | 850 | 97 | 500 | 30 | 155 | 7 | 5 |
| Lasagna Classic EDD | 640 | 36 | 20 | 1 | 1430 | 39 | 330 | 40 | 145 | 5 | 12 |
| Five Cheese Ziti al Forno EDD | 1220 | 71 | 36 | 1 | 2160 | 103 | 640 | 45 | 185 | 6 | 19 |
| Spaghetti with Meat Sauce EDD | 640 | 22 | 7 | 0 | 1050 | 85 | 200 | 26 | 60 | 4 | 17 |
| Cheese Ravioli with Marinara EDD | 780 | 39 | 20 | 0 | 2140 | 68 | 350 | 41 | 125 | 5 | 11 |
| Cheese Ravioli with Meat Sauce EDD | 860 | 46 | 24 | 0 | 2190 | 65 | 410 | 50 | 170 | 4 | 11 |
| Eggplant Parmigiana EDD | 1060 | 54 | 12 | 0 | 1990 | 113 | 490 | 30 | 45 | 11 | 23 |
| Ravioli di Portobello EDD | 820 | 46 | 24 | 1 | 1150 | 73 | 410 | 27 | 160 | 6 | 8 |
| Chicken Piccata EDD | 350 | 21 | 9 | 0 | 1230 | 11 | 180 | 33 | 125 | 2 | 3 |
| Grilled Chicken Parmigiana EDD | 520 | 19 | 5 | 0 | 1340 | 48 | 170 | 42 | 115 | 5 | 10 |
| LIMITED TIME ONLY | | | | | | | | | | | |
| 6 oz. Sirloin with Fettuccine Alfredo | 980 | 60 | 32 | 1.5 | 2000 | 54 | 540 | 58 | 240 | 4 | 6 |
| Citrus Glazed Salmon | 1350 | 80 | 37 | 1 | 1580 | 89 | 720 | 66 | 270 | 4 | 18 |
| Lobster Ravioli | 1110 | 70 | 44 | 1 | 2280 | 86 | 630 | 30 | 325 | 12 | 7 |
| Meatball Stuffed Pizza Fritta | 590 | 20 | 7 | 0.5 | 1180 | 74 | 180 | 29 | 50 | 5 | 18 |
| <i>Add Alfredo Sauce</i> | 220 | 22 | 14 | 0.05 | 300 | 3 | 190 | 4 | 70 | 0 | less than 1 g |
| <i>Add Marinara Sauce</i> | 45 | 2.5 | 0 | 0 | 240 | 6 | 20 | less than 1 g | 0 | less than 1 g | 3 |
| Parmesan Zucchini Bites | 510 | 30 | 10 | 0 | 940 | 39 | 270 | 22 | 100 | 2 | 5 |
| <i>Add Marinara Sauce</i> | 45 | 2.5 | 0 | 0 | 240 | 6 | 20 | less than 1 g | 0 | less than 1 g | 3 |
| Spinach-Artichoke Dip | 780 | 49 | 21 | 1.5 | 1930 | 50 | 440 | 31 | 95 | 6 | 7 |
| Angry Alfredo™ Spicy Chicken Dip | 720 | 44 | 18 | 1 | 1560 | 40 | 390 | 36 | 135 | 1 | 3 |
| Angry Alfredo™ Dipping Sauce | 420 | 42 | 26 | 1 | 510 | 5 | 380 | 7 | 120 | 0 | 3 |
| Five Cheese Fonduta | 760 | 48 | 25 | 0.5 | 1890 | 41 | 430 | 34 | 115 | 2 | 2 |
| Seasonal Sicilian Cheesecake | 730 | 42 | 26 | 1.5 | 440 | 78 | 370 | 12 | 155 | 2 | 64 |
| Cookie Butter Cake | 530 | 28 | 5 | 0 | 210 | 66 | 250 | 5 | 55 | 1 | 46 |
| Warm Berry Crostata | 640 | 29 | 15 | 0 | 350 | 87 | 260 | 7 | 30 | 3 | 44 |
| Espresso Martini | 310 | 9 | 5 | 0 | 20 | 32 | 80 | 1 | 30 | 0 | 23 |
| Tropical Margarita | 230 | 0 | 0 | 0 | 15 | 29 | 0 | 0 | 0 | 2 | 26 |
| Milan Mai Tia | 280 | 0 | 0 | 0 | 20 | 47 | 0 | 0 | 0 | 1 | 39 |
| Leinenkugel Summer Shandy | 130 | 0 | 0 | 0 | 10 | 5 | 0 | less than 1 g | 0 | 0 | - |
| BEVERAGE SELECTIONS | | | | | | | | | | | |
| WINES | | | | | | | | | | | |
| Whites - Glass | 150 | 0 | 0 | 0 | 10 | 4 | 0 | 0 | - | 0 | 2 |
| Whites - Quartino | 220 | 0 | 0 | 0 | 15 | 6 | 0 | 0 | - | 0 | 3 |
| Whites - Bottle | 630 | 0 | 0 | 0 | 35 | 16 | 0 | less than 1 g | - | 0 | 7 |
| Whites - Magnum Bottle | 1250 | 0 | 0 | 0 | 75 | 32 | 0 | 1 | - | 0 | 14 |
| Rosé - Glass | 150 | 0 | 0 | 0 | 10 | 4 | 0 | 0 | - | 0 | 2 |
| Rosé - Quartino | 220 | 0 | 0 | 0 | 15 | 6 | 0 | 0 | - | 0 | 3 |
| Rosé - Bottle | 630 | 0 | 0 | 0 | 35 | 16 | 0 | less than 1 g | - | 0 | 7 |
| Rosé - Magnum Bottle | 1250 | 0 | 0 | 0 | 75 | 32 | 0 | 1 | - | 0 | 14 |



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|-----------------------------------|----------|-------------------|-----------------------|-------------------|---------------------|---------------------|-------------------|-----------------|--------------------------|-----------------------|----------------|
| Reds - Glass | 160 | 0 | 0 | 0 | - | 5 | 0 | 0 | - | - | - |
| Reds - Quartino | 230 | 0 | 0 | 0 | - | 8 | 0 | 0 | - | - | - |
| Reds - Bottle | 660 | 0 | 0 | 0 | - | 21 | 0 | less than 1 g | - | - | - |
| Reds - Magnum Bottle | 1310 | 0 | 0 | 0 | - | 43 | 0 | 1 | - | - | - |
| Sparkling Prosecco - Glass | 160 | 0 | 0 | 0 | 10 | 10 | 0 | less than 1 g | 0 | 0 | 10 |
| Sparkling Prosecco - Bottle | 660 | 0 | 0 | 0 | - | 21 | 0 | less than 1 g | - | - | - |
| SIGNATURE WINE COCKTAILS | | | | | | | | | | | |
| Green Apple Moscato (glass) | 220 | 0 | 0 | 0 | 15 | 43 | 0 | 0 | 0 | 2 | 38 |
| Green Apple Moscato (pitcher) | 860 | 0 | 0 | 0 | 50 | 173 | 0 | 2 | 0 | 6 | 154 |
| Berry or Peach Sangria (glass) | 240 | 0 | 0 | 0 | 5 | 39 | 0 | 0 | 0 | 2 | 33 |
| Berry or Peach Sangria (pitcher) | 1000 | 0 | 0 | 0 | 25 | 162 | 0 | 2 | 0 | 8 | 138 |
| Sangrita | 240 | 0 | 0 | 0 | 10 | 28 | 0 | less than 1 g | 0 | 2 | 22 |
| Peach Bellini | 240 | 0 | 0 | 0 | 0 | 41 | 0 | less than 1 g | 0 | less than 1 g | 36 |
| Moscato Citrus Berry Cocktail | 200 | 0 | 0 | 0 | 45 | 37 | 0 | 0 | 0 | 0 | 31 |
| TRADITIONAL FAVORITES | | | | | | | | | | | |
| Italian Margarita | 300 | 0 | 0 | 0 | 15 | 39 | 0 | less than 1 g | 0 | 2 | 33 |
| Frozen Traditional Margarita | 290 | 0 | 0 | 0 | 25 | 48 | 0 | 0 | 0 | 4 | 39 |
| Frozen Strawberry Margarita | 290 | 0 | 0 | 0 | 20 | 52 | 0 | 0 | 0 | 4 | 42 |
| Frozen Strawberry-Mango Margarita | 340 | 0 | 0 | 0 | 20 | 65 | 0 | less than 1 g | 0 | 4 | 52 |
| Long Island Limoncello | 230 | 0 | 0 | 0 | 20 | 31 | 0 | 0 | 0 | 2 | 27 |
| Mango Martini | 180 | 0 | 0 | 0 | 25 | 31 | 0 | 0 | 0 | 1 | 28 |
| Raspberry Italian Ice Mule | 230 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 0 | 0 | 26 |
| Moscow Mule | 170 | 0 | 0 | 0 | 5 | 17 | 0 | 0 | 0 | 1 | 15 |
| BEER | | | | | | | | | | | |
| Regular Draft 14 oz | 200 | 0 | 0 | 0 | 0 | 14 | 0 | 3 | 0 | 0 | 13 |
| Regular Draft 20 oz | 290 | 0 | 0 | 0 | 5 | 20 | 0 | 4 | 0 | 0 | 18 |
| Light Draft 14 oz | 120 | 0 | 0 | 0 | 10 | 5 | 0 | less than 1 g | 0 | 0 | - |
| Light Draft 20 oz | 170 | 0 | 0 | 0 | 20 | 8 | 0 | 1 | 0 | 0 | - |
| Imports & Specialty Bottle | 220 | 0 | 0 | 0 | 10 | 31 | 0 | 0 | 0 | 0 | 23 |
| Regular Bottle | 150 | 0 | 0 | 0 | 10 | 11 | 0 | 1 | 0 | 0 | - |
| Light Bottle | 100 | 0 | 0 | 0 | 10 | 5 | 0 | less than 1 g | 0 | 0 | - |
| Angry Orchard Bottle | 220 | 0 | 0 | 0 | 10 | 31 | 0 | 0 | 0 | 0 | 23 |
| Non-Alcoholic Bottle | 70 | 0 | 0 | 0 | 10 | 15 | 0 | less than 1 g | 0 | - | - |
| NON-ALCOHOLIC BEVERAGES | | | | | | | | | | | |
| HANDCRAFTED | | | | | | | | | | | |
| Blueberry Limonata | 160 | 0 | 0 | 0 | 30 | 41 | 0 | 0 | 0 | 0 | 39 |
| Strawberry Passion Fruit Limonata | 130 | 0 | 0 | 0 | 40 | 34 | 0 | 0 | 0 | 0 | 32 |
| Kiwi-Melon Limonata | 160 | 0 | 0 | 0 | 35 | 43 | 0 | 0 | 0 | 0 | 39 |
| Mixed Berry Sparkling Water | 30 | 0 | 0 | 0 | 55 | 7 | 0 | 0 | 0 | 0 | 6 |
| Strawberry-Banana Smoothie | 190 | 0 | 0 | 0 | 45 | 45 | 0 | 1 | 0 | 3 | 33 |
| Peach-Mango Smoothie | 180 | 0 | 0 | 0 | 20 | 44 | 0 | 1 | 0 | 1 | 34 |
| Italian Bottled Water | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Iced Coffee - Vanilla | 240 | 7 | 4 | 0 | 90 | 38 | 60 | 7 | 20 | 0 | 30 |
| Iced Coffee - Caramel | 250 | 7 | 4 | 0 | 90 | 40 | 60 | 7 | 20 | 0 | 31 |
| Iced Coffee - Traditional | 210 | 7 | 4 | 0 | 90 | 29 | 60 | 7 | 20 | 0 | 21 |
| Frozen Cappuccino - Vanilla | 320 | 11 | 7 | 0 | 55 | 53 | 100 | 3 | 35 | 0 | 50 |
| Frozen Cappuccino - Caramel | 320 | 11 | 7 | 0 | 55 | 54 | 100 | 3 | 35 | 0 | 51 |
| Frozen Cappuccino - Traditional | 370 | 11 | 7 | 0 | 55 | 67 | 100 | 3 | 35 | 0 | 63 |
| Caramel Hazelnut Macchiato | 220 | 2.5 | 1 | 0 | 30 | 44 | 20 | 5 | 15 | less than 1 g | 39 |
| Lavazza Espresso | 60 | 1.5 | 0 | 0 | 15 | 6 | 10 | 5 | 15 | less than 1 g | 3 |
| Caffé Mocha | 230 | 7 | 3.5 | 0 | 85 | 34 | 60 | 10 | 30 | 2 | 27 |



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| Caffé Latte | 180 | 7 | 4 | 0 | 100 | 18 | 70 | 11 | 30 | less than 1 g | 15 |
| Cappuccino | 140 | 5 | 2.5 | 0 | 70 | 15 | 50 | 9 | 25 | less than 1 g | 12 |
| Cappuccino with Whipped Cream | 150 | 6 | 3 | 0 | 70 | 13 | 60 | 9 | 30 | less than 1 g | 10 |
| Coffee | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Hot Tea | 0 | 0 | 0 | 0 | 5 | less than 1 g | 0 | 0 | 0 | 0 | 0 |
| Hot Chocolate | 360 | 8 | 4 | 0 | 105 | 63 | 70 | 11 | 30 | 3 | 52 |
| Fresh Brewed Iced Tea | 0 | 0 | 0 | 0 | 10 | 1 | 0 | 0 | 0 | 0 | 0 |
| Raspberry Lemonade | 170 | 0 | 0 | 0 | 10 | 10 | 0 | 0 | 0 | 0 | 9 |
| Bellini Peach-Raspberry Iced Tea | 80 | 0 | 0 | 0 | 10 | 18 | 0 | 0 | 0 | 0 | 17 |
| Coca-Cola | 140 | 0 | 0 | 0 | 45 | 39 | 0 | 0 | 0 | 0 | 39 |
| Diet Coke | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | 0 | 0 |
| Coke Zero | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | 0 | 0 |
| Sprite | 140 | 0 | 0 | 0 | 65 | 38 | 0 | 0 | 0 | 0 | 38 |
| Dr Pepper | 150 | 0 | 0 | 0 | 50 | 41 | 0 | 0 | 0 | 0 | 41 |
| Minute Maid Limeade | 180 | 0 | 0 | 0 | 25 | 49 | 0 | 0 | 0 | 0 | 47 |
| Apple Juice | 210 | 0 | 0 | 0 | 65 | 53 | 0 | 0 | 0 | 0 | 53 |
| Cranberry Juice | 230 | 0 | 0 | 0 | 65 | 56 | 0 | 0 | 0 | 0 | 56 |
| Orange Juice | 230 | 0 | 0 | 0 | 10 | 51 | 0 | 4 | 0 | 0 | 45 |
| Pineapple Juice | 250 | 0.5 | 0 | 0 | 10 | 60 | 0 | 2 | 0 | less than 1 g | 56 |
| APPETIZERS | | | | | | | | | | | |
| Calamari (Create a Sampler Portion) | 430 | 28 | 2.5 | 0 | 1200 | 34 | 250 | 12 | 160 | 3 | 1 |
| Stuffed Mushrooms (Create a Sampler/Appetizer portion) | 380 | 30 | 8 | 0 | 860 | 13 | 270 | 15 | 20 | 1 | 3 |
| Lasagna Fritta (Create a Sampler Portion) | 530 | 31 | 10 | 0.5 | 730 | 43 | 280 | 20 | 60 | 3 | 0 |
| Parmesan Crusted Zucchini (Create a Sampler) | 90 | 7 | 2 | 0 | 190 | 5 | 60 | 4 | 5 | 1 | 3 |
| Fried Mozzarella (Create a Sampler Portion) | 320 | 21 | 9 | 0 | 740 | 20 | 190 | 14 | 45 | 1 | 1 |
| Toasted Beef & Pork Ravioli (Create a Sampler Portion) | 340 | 15 | 2.5 | 0 | 750 | 39 | 140 | 12 | 15 | 3 | 3 |
| Add Tomato Sauce | 50 | 3 | 0 | 0 | 280 | 5 | 30 | less than 1 g | 0 | less than 1 g | 3 |
| Add Marinara Sauce | 45 | 2.5 | 0 | 0 | 240 | 6 | 20 | less than 1 g | 0 | less than 1 g | 3 |
| Add Ranch | 210 | 21 | 3.5 | 0 | 430 | 3 | 190 | 1 | 15 | 0 | 2 |
| Five Italian Cheese Fonduta | 760 | 48 | 25 | 0.5 | 1890 | 41 | 430 | 34 | 115 | 2 | 2 |
| Classic Shrimp Scampi Fritta | 580 | 36 | 11 | 0 | 1870 | 36 | 330 | 22 | 220 | less than 1 g | 3 |
| Spicy Shrimp Scampi Fritta | 560 | 37 | 6 | 0 | 1920 | 34 | 330 | 22 | 200 | 0 | 2 |
| Fried Mozzarella | 860 | 59 | 28 | 1.5 | 1870 | 48 | 530 | 34 | 135 | 3 | 4 |
| Add Marinara Sauce | 45 | 2.5 | 0 | 0 | 240 | 6 | 20 | less than 1 g | 0 | less than 1 g | 3 |
| Garlic Mussels Marinara | 510 | 25 | 4.5 | 0 | 1360 | 41 | 220 | 30 | 55 | 3 | 10 |
| Lasagna Fritta | 1070 | 71 | 29 | 1.5 | 1650 | 73 | 640 | 35 | 160 | 5 | 4 |
| Spicy Calabrian Tenders | 900 | 67 | 15 | 0.5 | 2250 | 19 | 600 | 56 | 185 | 4 | less than 1 g |
| Add Tangy Gorgonzola Sauce | 170 | 17 | 4 | 0 | 350 | 2 | 150 | 2 | 20 | 0 | 1 |
| Calamari (Appetizer Portion) | 870 | 56 | 5 | 0 | 2400 | 67 | 500 | 24 | 320 | 6 | 3 |
| Add Marinara Sauce | 45 | 2.5 | 0 | 0 | 240 | 6 | 20 | less than 1 g | 0 | less than 1 g | 3 |
| Add Ranch | 210 | 21 | 3.5 | 0 | 430 | 3 | 190 | 1 | 15 | 0 | 2 |
| Breadstick (with garlic topping) | 140 | 2.5 | 0.5 | 0 | 460 | 25 | 20 | 4 | 0 | less than 1 g | 1 |
| Marinara Dipping Sauce | 90 | 5 | 0 | 0 | 480 | 11 | 40 | 1 | 0 | 2 | 6 |
| Alfredo Dipping Sauce | 440 | 43 | 27 | 1 | 600 | 5 | 390 | 8 | 140 | 0 | 1 |
| Five Cheese Marinara Dipping Sauce | 220 | 17 | 9 | 0 | 540 | 11 | 160 | 5 | 45 | 1 | 6 |
| Grilled Chicken Piadina | 720 | 44 | 14 | 0.5 | 1360 | 46 | 400 | 35 | 95 | 4 | 4 |
| Grilled Chicken Flatbread | 720 | 45 | 24 | 0.5 | 2230 | 42 | 410 | 36 | 150 | 2 | 4 |
| SOUPS & SALADS | | | | | | | | | | | |
| SALADS | | | | | | | | | | | |
| Famous House Salad (1 serving without dressing) | 70 | 2 | 0 | 0 | 250 | 11 | 15 | 2 | 0 | 2 | 2 |
| Famous House Salad (1 serving with low-fat dressing) | 100 | 4 | 0 | 0 | 660 | 13 | 35 | 2 | 5 | 2 | 4 |



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| Famous House Salad (1 serving with dressing) | 150 | 10 | 1.5 | 0 | 770 | 13 | 90 | 3 | less than 5 mg | 2 | 4 |
| SOUPS | | | | | | | | | | | |
| Chicken & Gnocchi (1 serving) | 230 | 12 | 4.5 | 0 | 1290 | 22 | 100 | 11 | 55 | 1 | 4 |
| Stellini (1 serving) | 200 | 7 | 2.5 | 0 | 1240 | 22 | 70 | 9 | 20 | 1 | 2 |
| Pasta e Fagioli (1 serving) | 150 | 5 | 2 | 0 | 710 | 16 | 50 | 8 | 15 | 3 | 4 |
| Minestrone (1 serving) | 110 | 1 | 0 | 0 | 810 | 17 | 10 | 5 | 0 | 4 | 4 |
| Zuppa Toscana (1 serving) | 220 | 15 | 7 | 0 | 790 | 15 | 130 | 7 | 40 | 2 | 2 |
| LUNCH ENTRÉES | | | | | | | | | | | |
| LUNCH DUOS / TRIOS | | | | | | | | | | | |
| Eggplant Parmigiana Breadstick Sandwich | 650 | 36 | 10 | 0 | 1330 | 63 | 320 | 22 | 40 | 5 | 8 |
| Italian Meatball Breadstick Sandwich | 650 | 45 | 20 | 1.5 | 1420 | 37 | 400 | 27 | 75 | 3 | 2 |
| Spicy Calabrian Chicken Breadstick Sandwich | 520 | 30 | 8 | 0 | 1190 | 38 | 270 | 26 | 65 | 2 | 2 |
| Chicken Parmigiana Breadstick Sandwich | 630 | 33 | 10 | 0 | 1760 | 49 | 290 | 37 | 85 | 3 | 4 |
| <i>Parmesan Garlic Fries (served w/Breadstick Sandwiches)</i> | 270 | 12 | 1 | 0 | 720 | 36 | 110 | 3 | 0 | 3 | 0 |
| <i>Add Ketchup (served w/Breadstick Sandwiches)</i> | 80 | 0 | 0 | 0 | 640 | 20 | 0 | less than 1 g | 0 | less than 1 g | 16 |
| Lasagna Classico | 640 | 36 | 20 | 1 | 1430 | 39 | 330 | 40 | 145 | 5 | 12 |
| Italian Meats & Cheese Piadina | 780 | 57 | 21 | 0 | 1990 | 39 | 510 | 30 | 110 | 2 | 3 |
| Grilled Vegetable & Cheese Piadina | 630 | 37 | 12 | 0.5 | 990 | 52 | 340 | 22 | 50 | 5 | 7 |
| Grilled Chicken & Cheese Piadina | 720 | 44 | 14 | 0.5 | 1360 | 46 | 400 | 35 | 95 | 4 | 4 |
| Fettuccine Alfredo Mini Pasta Bowl | 650 | 45 | 27 | 1 | 610 | 47 | 410 | 15 | 140 | 2 | 3 |
| Spaghetti with Meat Sauce Mini Pasta Bowl | 360 | 12 | 3.5 | 0 | 530 | 51 | 100 | 14 | 30 | 3 | 9 |
| TASTES OF THE MEDITERRANEAN (Lunch) | | | | | | | | | | | |
| Shrimp Scampi | 500 | 19 | 9 | 0 | 1150 | 56 | 170 | 26 | 150 | 6 | 1 |
| Tilapia Piccata | 420 | 22 | 10 | 0 | 1210 | 11 | 200 | 46 | 120 | 2 | 3 |
| Chicken Piccata | 350 | 21 | 9 | 0 | 1230 | 11 | 180 | 33 | 125 | 2 | 3 |
| Ravioli di Portobello | 570 | 31 | 16 | 0.5 | 790 | 52 | 280 | 19 | 110 | 4 | 6 |
| Chicken Margarita (lunch portion) | 370 | 22 | 7 | 0 | 700 | 8 | 200 | 37 | 120 | 2 | 3 |
| Herb-Grilled Salmon | 460 | 28 | 8 | 0 | 570 | 8 | 250 | 43 | 125 | 4 | 3 |
| DINNER ENTRÉES | | | | | | | | | | | |
| DINNER CUCINA MIA | | | | | | | | | | | |
| PASTAS | | | | | | | | | | | |
| Rigatoni | 440 | 6 | 0.5 | 0 | 10 | 83 | 50 | 14 | 0 | 3 | 5 |
| Cavatappi | 430 | 4 | 0.5 | 0 | 10 | 83 | 35 | 15 | 0 | 3 | 4 |
| Spaghetti | 340 | 3.5 | 0 | 0 | 10 | 67 | 30 | 12 | 0 | 3 | 4 |
| Angel Hair | 350 | 2.5 | 0 | 0 | 10 | 67 | 25 | 12 | 0 | 3 | 2 |
| Whole Grain Linguine | 350 | 6 | 0 | 0 | 10 | 57 | 50 | 17 | 0 | 14 | 2 |
| Gluten-Free Rotini | 430 | 6 | 0.5 | 0 | 0 | 87 | 50 | 8 | 0 | 2 | 0 |
| HOMEMADE SAUCES | | | | | | | | | | | |
| Traditional Marinara | 140 | 7 | 0.5 | 0 | 720 | 17 | 60 | 2 | 0 | 2 | 10 |
| Five Cheese Marinara | 440 | 35 | 18 | 0.5 | 1080 | 22 | 310 | 10 | 90 | 3 | 12 |
| Parmesan Pesto | 530 | 55 | 7 | 0 | 760 | 5 | 490 | 6 | 10 | 2 | 2 |
| Traditional Meat Sauce | 300 | 19 | 7 | 0 | 1040 | 19 | 170 | 14 | 60 | 2 | 13 |
| Asiago Garlic Alfredo | 940 | 91 | 57 | 2 | 1320 | 14 | 820 | 19 | 295 | 0 | 6 |
| TOPPINGS | | | | | | | | | | | |
| Meatballs (3) | 480 | 40 | 19 | 2 | 1060 | 7 | 360 | 23 | 65 | 3 | 0 |
| Italian Sausage (2 links) | 470 | 39 | 14 | 0 | 1140 | 2 | 360 | 27 | 115 | less than 1 g | 2 |
| Crispy Chicken Fritta | 240 | 12 | 1.5 | 0 | 730 | 14 | 110 | 20 | 50 | 1 | less than 1 g |
| Grilled Chicken | 140 | 3.5 | 1 | 0 | 230 | 0 | 30 | 28 | 95 | less than 1 g | 0 |
| Sautéed Shrimp | 60 | 0 | 0 | 0 | 580 | 0 | 0 | 14 | 130 | 0 | 0 |
| DINNER CLASSIC RECIPES | | | | | | | | | | | |
| Chicken Parmigiana | 1060 | 52 | 14 | 0 | 2980 | 86 | 470 | 63 | 155 | 7 | 16 |



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|---|----------|-------------------|-----------------------|-------------------|---------------------|---------------------|-------------------|-----------------|--------------------------|-----------------------|----------------|
| Grilled Chicken Parmigiana | 760 | 29 | 9 | 0 | 2000 | 54 | 260 | 75 | 225 | 6 | 13 |
| Eggplant Parmigiana | 1060 | 54 | 12 | 0 | 1990 | 113 | 490 | 30 | 45 | 11 | 23 |
| Five Cheese Ziti al Forno | 1220 | 71 | 36 | 1 | 2160 | 103 | 640 | 45 | 185 | 6 | 19 |
| Cheese Ravioli with Marinara Sauce | 780 | 39 | 20 | 0 | 2140 | 68 | 350 | 41 | 125 | 5 | 11 |
| Cheese Ravioli with Meat Sauce | 860 | 46 | 24 | 0 | 2190 | 65 | 410 | 50 | 170 | 4 | 11 |
| Ravioli di Portobello | 820 | 46 | 24 | 1 | 1150 | 73 | 410 | 27 | 160 | 6 | 8 |
| Tour of Italy | 1520 | 96 | 48 | 1.5 | 3250 | 92 | 860 | 75 | 340 | 6 | 19 |
| Lasagna Classico | 930 | 53 | 28 | 1.5 | 2070 | 56 | 470 | 58 | 210 | 8 | 18 |
| Fettuccine Alfredo | 1010 | 56 | 34 | 1.5 | 850 | 97 | 500 | 30 | 155 | 7 | 5 |
| TASTES OF THE MEDITERRANEAN (Dinner) | | | | | | | | | | | |
| Shrimp Scampi | 500 | 19 | 9 | 0 | 1150 | 56 | 170 | 26 | 150 | 6 | 1 |
| Linguine di Mare | 570 | 16 | 2 | 0 | 1450 | 64 | 150 | 44 | 180 | 14 | 11 |
| Herb-Grilled Salmon | 460 | 28 | 8 | 0 | 570 | 8 | 250 | 43 | 125 | 4 | 3 |
| Tilapia Piccata | 420 | 22 | 10 | 0 | 1210 | 11 | 200 | 46 | 120 | 2 | 3 |
| Chicken Piccata | 500 | 24 | 10 | 0 | 1460 | 11 | 220 | 61 | 220 | 3 | 4 |
| Chicken Margherita | 590 | 32 | 11 | 0 | 1100 | 9 | 290 | 69 | 230 | 3 | 4 |
| DINNER CHICKEN | | | | | | | | | | | |
| Chicken & Shrimp Carbonara | 1590 | 114 | 61 | 2 | 2410 | 78 | 1020 | 66 | 475 | 4 | 12 |
| Chicken Margherita | 590 | 32 | 11 | 0 | 1100 | 9 | 290 | 69 | 230 | 3 | 4 |
| Stuffed Chicken Marsala | 950 | 58 | 27 | 1 | 1950 | 33 | 520 | 74 | 310 | 4 | 8 |
| Chicken Marsala | 970 | 43 | 10 | 0 | 1910 | 71 | 380 | 66 | 215 | 7 | 11 |
| Chicken Scampi | 1260 | 72 | 28 | 0 | 1990 | 105 | 640 | 49 | 200 | 4 | 7 |
| Chicken Alfredo | 1480 | 94 | 56 | 2 | 1480 | 95 | 850 | 63 | 395 | 4 | 9 |
| DINNER FISH & SEAFOOD | | | | | | | | | | | |
| Seafood Lasagna Saute | 1260 | 80 | 46 | 2 | 1630 | 79 | 720 | 59 | 400 | 5 | 10 |
| Shrimp Alfredo | 1150 | 69 | 41 | 1.5 | 1490 | 92 | 620 | 40 | 340 | 4 | 5 |
| Shrimp Scampi | 500 | 19 | 9 | 0 | 1150 | 56 | 170 | 26 | 150 | 6 | 1 |
| Linguine di Mare | 570 | 16 | 2 | 0 | 1450 | 64 | 150 | 44 | 180 | 14 | 11 |
| Herb-Grilled Salmon | 460 | 28 | 8 | 0 | 570 | 8 | 250 | 43 | 125 | 4 | 3 |
| Lobster Ravioli with Shrimp (Regional Item) | 1300 | 88 | 47 | 1.5 | 2780 | 79 | 790 | 48 | 505 | 11 | 7 |
| DINNER BEEF & PORK | | | | | | | | | | | |
| Steak Gorgonzola-Alfredo | 1380 | 85 | 51 | 2 | 2810 | 88 | 760 | 68 | 330 | 6 | 8 |
| Braised Beef & Tortelloni | 1120 | 58 | 24 | 1.5 | 2370 | 83 | 520 | 67 | 230 | 6 | 16 |
| SIDE ITEMS | | | | | | | | | | | |
| Garlic Parmesan Fries | 270 | 12 | 1 | 0 | 720 | 36 | 110 | 3 | 0 | 3 | 0 |
| Mashed Potatoes | 150 | 8 | 3 | 0 | 460 | 17 | 70 | 3 | 10 | 2 | 3 |
| Steamed Broccoli | 35 | 0 | 0 | 0 | 35 | 7 | 0 | 4 | 0 | 4 | 3 |
| Parmesan Crusted Zucchini | 90 | 7 | 2 | 0 | 190 | 5 | 60 | 4 | 5 | 1 | 3 |
| DESSERTS | | | | | | | | | | | |
| Tiramisu | 470 | 27 | 17 | 0 | 125 | 54 | 240 | 6 | 215 | 0 | 35 |
| Warm Apple Crostata | 630 | 29 | 15 | 0 | 420 | 83 | 260 | 7 | 35 | 2 | 41 |
| Zeppoli | 810 | 28 | 3.5 | 0 | 510 | 119 | 250 | 20 | 0 | 6 | 25 |
| Add Chocolate Sauce | 220 | 3 | 2 | 0 | 110 | 48 | 25 | 2 | 10 | less than 1 g | 42 |
| Add Raspberry Sauce | 210 | 0 | 0 | 0 | 10 | 51 | 0 | 0 | 0 | 0 | 35 |
| Lemon Cream Cake | 550 | 31 | 17 | 0 | 440 | 60 | 280 | 6 | 70 | 0 | 45 |
| Black Tie Mousse Cake | 750 | 50 | 30 | 1 | 290 | 76 | 450 | 9 | 155 | 4 | 59 |
| DOLCINI (MINI DESSERTS) | | | | | | | | | | | |
| Chocolate Mousse | 240 | 18 | 10 | 0 | 125 | 18 | 160 | 2 | 55 | 1 | 12 |
| Strawberry & White Chocolate Cake | 190 | 11 | 6 | 0 | 100 | 23 | 100 | 1 | 30 | 0 | 18 |
| Limoncello Mousse | 240 | 15 | 10 | 0 | 85 | 26 | 130 | 2 | 45 | 0 | 20 |
| Dark Chocolate Caramel Cream | 240 | 16 | 8 | 0 | 110 | 23 | 140 | 2 | 50 | less than 1 g | 17 |



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|---|----------|-------------------|-----------------------|-------------------|---------------------|---------------------|-------------------|-----------------|--------------------------|-----------------------|----------------|
| Amaretto Tiramisu | 220 | 17 | 10 | 0 | 65 | 14 | 150 | 3 | 90 | 0 | 11 |
| KIDS' SELECTIONS | | | | | | | | | | | |
| KIDS' CREATE YOUR OWN PASTA | | | | | | | | | | | |
| Spaghetti | 170 | 1.5 | 0 | 0 | 5 | 33 | 15 | 6 | 0 | 1 | 2 |
| Fettuccine | 170 | 1.5 | 0 | 0 | 0 | 34 | 10 | 6 | 0 | 1 | 1 |
| Small Shells | 210 | 2 | 0 | 0 | 5 | 42 | 20 | 7 | 0 | 2 | 2 |
| Whole Grain Linguine | 220 | 3.5 | 0 | 0 | 5 | 36 | 30 | 11 | 0 | 9 | 1 |
| Tomato Sauce | 80 | 5 | 0.5 | 0 | 420 | 8 | 45 | 1 | 0 | 1 | 5 |
| Meat Sauce | 110 | 7 | 2.5 | 0 | 390 | 7 | 60 | 5 | 25 | less than 1 g | 5 |
| Alfredo Sauce | 330 | 32 | 20 | 1 | 450 | 4 | 290 | 6 | 105 | 0 | less than 1 g |
| Five Cheese Marinara | 160 | 13 | 7 | 0 | 400 | 8 | 120 | 4 | 35 | less than 1 g | 5 |
| <i>Add Grilled Chicken</i> | 140 | 3.5 | 1 | 0 | 230 | 0 | 30 | 28 | 95 | less than 1 g | 0 |
| <i>Add Meatball</i> | 160 | 13 | 6 | 0.5 | 350 | 2 | 120 | 8 | 20 | less than 1 g | 0 |
| <i>Add Shrimp</i> | 30 | 0 | 0 | 0 | 290 | 0 | 0 | 7 | 65 | 0 | 0 |
| KIDS' ENTRÉES | | | | | | | | | | | |
| Cheeseburger Sliders, 2 each | 540 | 28 | 13 | 1 | 1010 | 38 | 250 | 34 | 100 | less than 1 g | 7 |
| Cheesy Piadina | 530 | 35 | 13 | 0.5 | 800 | 37 | 320 | 17 | 55 | 2 | 1 |
| Cheese Ravioli | 340 | 16 | 8 | 0 | 980 | 33 | 150 | 17 | 50 | 3 | 6 |
| Cheese Pizza | 400 | 13 | 7 | 0 | 720 | 54 | 120 | 17 | 25 | 3 | 4 |
| <i>Add Pepperoni</i> | 60 | 5 | 2 | 0 | 240 | 0 | 50 | 2 | 10 | 0 | 0 |
| Chicken Fingers & Pasta | 400 | 16 | 1.5 | 0 | 720 | 42 | 140 | 24 | 50 | 2 | 5 |
| Macaroni & Cheese | 360 | 14 | 8 | 0 | 870 | 45 | 120 | 16 | 40 | 2 | 6 |
| KIDS' SIDES | | | | | | | | | | | |
| Grapes | 40 | 0 | 0 | 0 | 0 | 11 | 0 | 0 | 0 | less than 1 g | 9 |
| Steamed Broccoli | 35 | 0 | 0 | 0 | 35 | 7 | 0 | 4 | 0 | 4 | 3 |
| French Fries | 250 | 11 | 1 | 0 | 360 | 36 | 100 | 3 | 0 | 3 | 0 |
| <i>Add Ketchup</i> | 80 | 0 | 0 | 0 | 640 | 20 | 0 | less than 1 g | 0 | less than 1 g | 16 |
| KIDS' BEVERAGES | | | | | | | | | | | |
| 1% Low Fat Milk | 100 | 2.5 | 1.5 | 0 | 105 | 12 | 20 | 8 | 10 | 0 | 12 |
| 1% Low Fat Chocolate Milk | 180 | 2.5 | 1.5 | 0 | 135 | 31 | 25 | 8 | 10 | 0 | 29 |
| Raspberry Lemonade | 110 | 0 | 0 | 0 | 10 | 7 | 0 | 0 | 0 | 0 | 6 |
| Apple Juice | 170 | 0 | 0 | 0 | 50 | 42 | 0 | 0 | 0 | 0 | 42 |
| Orange Juice | 180 | 0 | 0 | 0 | 10 | 40 | 0 | 3 | 0 | 0 | 36 |
| Cranberry Juice | 180 | 0 | 0 | 0 | 50 | 45 | 0 | 0 | 0 | 0 | 45 |
| KIDS' DESSERTS | | | | | | | | | | | |
| Strawberry-Banana Smoothie | 120 | 0 | 0 | 0 | 30 | 30 | 0 | less than 1 g | 0 | 2 | 22 |
| Peach-Mango Smoothie | 120 | 0 | 0 | 0 | 15 | 29 | 0 | less than 1 g | 0 | less than 1 g | 23 |
| Sundae with Chocolate Syrup | 190 | 8 | 5 | 0 | 45 | 28 | 70 | 2 | 30 | less than 1 g | 22 |
| GLUTEN-SENSITIVE SELECTIONS | | | | | | | | | | | |
| Gluten-Sensitive SOUPS & SALAD | | | | | | | | | | | |
| Famous House Salad & Signature Italian Dressing without Croutons (1 serving) | 110 | 8 | 1.5 | 0 | 670 | 7 | 80 | 2 | less than 5 mg | 2 | 3 |
| Zuppa Toscana (1 serving) (US Only) | 220 | 15 | 7 | 0 | 790 | 15 | 130 | 7 | 40 | 2 | 2 |
| Glute-Sensitive ENTRÉES | | | | | | | | | | | |
| Rotini with Marinara | 510 | 14 | 1 | 0 | 960 | 88 | 120 | 9 | 0 | 5 | 13 |
| Rotini with Meat Sauce | 620 | 23 | 8 | 0 | 1040 | 84 | 210 | 20 | 60 | 3 | 13 |
| Rotini with Parmesan Pesto | 960 | 61 | 8 | 0 | 760 | 92 | 550 | 14 | 10 | 4 | 2 |
| <i>Add Grilled Chicken</i> | 140 | 3.5 | 1 | 0 | 230 | 0 | 30 | 28 | 95 | less than 1 g | 0 |
| <i>Add Grilled Shrimp</i> | 70 | 0 | 0 | 0 | 200 | less than 1 g | 0 | 16 | 120 | 0 | 0 |
| <i>Add Italian Sausage</i> | 470 | 39 | 14 | 0 | 1140 | 2 | 360 | 27 | 115 | less than 1 g | 2 |
| Grilled Chicken Parmigiana | 790 | 30 | 9 | 0 | 1980 | 63 | 270 | 73 | 225 | 6 | 11 |



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|--|----------|-------------------|-----------------------|-------------------|---------------------|---------------------|-------------------|-----------------|--------------------------|-----------------------|----------------|
| Herb-Grilled Salmon | 460 | 28 | 8 | 0 | 570 | 8 | 250 | 43 | 125 | 4 | 3 |
| Gluten-Sensitive KIDS' ENTRÉES | | | | | | | | | | | |
| Kids' Grilled Chicken (includes grapes) | 490 | 11 | 1.5 | 0 | 710 | 66 | 100 | 34 | 95 | 4 | 16 |
| Kids' Rotini with Marinara (grapes not included) | 310 | 8 | 0.5 | 0 | 480 | 55 | 70 | 5 | 0 | 3 | 6 |
| Kids' Rotini with Meat Sauce (grapes not included) | 360 | 12 | 4 | 0 | 520 | 53 | 110 | 11 | 30 | 2 | 7 |
| Grapes | 40 | 0 | 0 | 0 | 0 | 11 | 0 | 0 | 0 | less than 1 g | 9 |